



































19 400m Freestyle Men Heat

















Official







 Entries
  Heats
  Summary

Total
 Open
 17-18 years
 13 and older

Rank	Competitor	Age	Club	RT	PTS	Result	
1	 Visser Bren...	19	 Coast Swi...	0.68		3:57.13 Entry: 3:58.89 -1.76	QA
	50m: 26.23		100m: 55.02 (28.79)				
	150m: 1:25.08 (30.06)		200m: 1:55.59 (30.51)				
	250m: 2:25.43 (29.84)		300m: 2:56.36 (30.93)				
	350m: 3:27.27 (30.91)		400m: 3:57.13 (29.86)				
2	 Clark Louis	23	 North Shor...	0.71		3:58.81 Entry: 3:58.22 +0.59	QA
	50m: 26.94		100m: 56.35 (29.41)				
	150m: 1:26.38 (30.03)		200m: 1:56.62 (30.24)				
	250m: 2:27.25 (30.63)		300m: 2:57.72 (30.47)				
	350m: 3:28.56 (30.84)		400m: 3:58.81 (30.25)				
3	 Walker Fra...	17	 United Swi...	0.77		4:02.27 Entry: 4:04.15 -1.88	QA
	50m: 27.08		100m: 56.93 (29.85)				
	150m: 1:27.82 (30.89)		200m: 1:58.89 (31.07)				
	250m: 2:30.00 (31.11)		300m: 3:01.14 (31.14)				
	350m: 3:32.30 (31.16)		400m: 4:02.27 (29.97)				
4	 Hamblyn-O...	19	 Coast Swi...	0.77		4:03.50 Entry: 3:59.61 +3.89	QA
	50m: 27.22		100m: 57.30 (30.08)				
	150m: 1:27.79 (30.49)		200m: 1:58.75 (30.96)				
	250m: 2:29.55 (30.80)		300m: 3:01.24 (31.69)				
	350m: 3:32.53 (31.29)		400m: 4:03.50 (30.97)				
5	 Leigh James	18	 Coast Swi...	0.74		4:04.99 Entry: 3:58.86 +6.13	QA
	50m: 27.13		100m: 56.52 (29.39)				
	150m: 1:26.69 (30.17)		200m: 1:57.37 (30.68)				
	250m: 2:28.08 (30.71)		300m: 2:59.97 (31.89)				
	350m: 3:32.31 (32.34)		400m: 4:04.99 (32.68)				
6	 Weathersto...	17	 Kiwi ASC	0.63		4:08.48 Entry: 4:07.19 +1.29	QA
	50m: 27.80		100m: 58.54 (30.74)				
	150m: 1:29.82 (31.28)		200m: 2:01.44 (31.62)				
	250m: 2:33.12 (31.68)		300m: 3:04.88 (31.76)				
	350m: 3:36.73 (31.85)		400m: 4:08.48 (31.75)				
7	 Mellso Cu...	22	 Nga Tai Tu...	0.71		4:11.34 Entry: 4:14.80 -3.46	QA
	50m: 27.91		100m: 58.55 (30.64)				
	150m: 1:29.40 (30.85)		200m: 2:01.71 (32.31)				
	250m: 2:34.11 (32.40)		300m: 3:06.86 (32.75)				
	350m: 3:39.52 (32.66)		400m: 4:11.34 (31.82)				

8	 Roux (V) N...	18	 Tahiti	0.66	4:11.69 Entry: 3:58.27 +13.42	QA
	50m: 27.67		100m: 58.83 (31.16)			
	150m: 1:30.69 (31.86)		200m: 2:02.78 (32.09)			
	250m: 2:35.23 (32.45)		300m: 3:08.14 (32.91)			
	350m: 3:40.70 (32.56)		400m: 4:11.69 (30.99)			
9	 Le Roy (V) ...	21	 Club 37	0.72	4:11.79 Entry: 3:59.66 +12.13	QC
	50m: 28.50		100m: 59.08 (30.58)			
	150m: 1:30.52 (31.44)		200m: 2:02.71 (32.19)			
	250m: 2:34.99 (32.28)		300m: 3:07.66 (32.67)			
	350m: 3:40.40 (32.74)		400m: 4:11.79 (31.39)			
10	 Buisinne ...	21	 North Shore...	0.69	4:12.78 Entry: 4:11.61 +1.17	QC
	50m: 28.39		100m: 1:00.06 (31.67)			
	150m: 1:32.19 (32.13)		200m: 2:04.47 (32.28)			
	250m: 2:36.78 (32.31)		300m: 3:09.26 (32.48)			
	350m: 3:41.56 (32.30)		400m: 4:12.78 (31.22)			
11	 Lloyd Hunter	17	 Raumati S...	0.66	4:13.19 Entry: 4:11.69 +1.50	QB
	50m: 27.53		100m: 57.95 (30.42)			
	150m: 1:29.71 (31.76)		200m: 2:02.12 (32.41)			
	250m: 2:34.98 (32.86)		300m: 3:07.80 (32.82)			
	350m: 3:40.72 (32.92)		400m: 4:13.19 (32.47)			
12	 Love Jack	18	 Blenheim S...	0.72	4:13.35 Entry: 4:04.01 +9.34	QB
	50m: 28.58		100m: 1:00.17 (31.59)			
	150m: 1:31.69 (31.52)		200m: 2:03.92 (32.23)			
	250m: 2:36.03 (32.11)		300m: 3:08.60 (32.57)			
	350m: 3:41.29 (32.69)		400m: 4:13.35 (32.06)			
13	 Verran Joel	19	 Wharenui S...	0.74	4:14.22 Entry: 4:09.29 +4.93	QC
	50m: 28.25		100m: 59.55 (31.30)			
	150m: 1:31.63 (32.08)		200m: 2:04.10 (32.47)			
	250m: 2:36.86 (32.76)		300m: 3:09.76 (32.90)			
	350m: 3:42.43 (32.67)		400m: 4:14.22 (31.79)			
14	 Jackson Luke	17	 North Shore...	0.77	4:14.55 Entry: 4:16.90 -2.35	QB
	50m: 28.23		100m: 59.16 (30.93)			
	150m: 1:31.32 (32.16)		200m: 2:04.07 (32.75)			
	250m: 2:36.60 (32.53)		300m: 3:09.89 (33.29)			
	350m: 3:42.65 (32.76)		400m: 4:14.55 (31.90)			
15	 Vial (V) Enoa	15	 Tahiti	0.80	4:14.93 Entry: 4:23.26 -8.33	QC
	50m: 28.48		100m: 59.48 (31.00)			
	150m: 1:31.79 (32.31)		200m: 2:04.52 (32.73)			
	250m: 2:37.28 (32.76)		300m: 3:09.99 (32.71)			
	350m: 3:43.39 (33.40)		400m: 4:14.93 (31.54)			
16	 Stocks Ethan	17	 Roskill Swi...	0.71	4:15.84 Entry: 4:15.61 +0.23	QB
	50m: 27.83		100m: 58.78 (30.95)			

	150m: 1:31.21 (32.43) 250m: 2:36.54 (32.73) 350m: 3:43.61 (33.54)	200m: 2:03.81 (32.60) 300m: 3:10.07 (33.53) 400m: 4:15.84 (32.23)				
17	 Humphries ...	16  North Shore...	0.75	4:16.41 Entry: 4:13.50 +2.91	QC	
	50m: 28.00 150m: 1:31.37 (32.28) 250m: 2:37.47 (32.98) 350m: 3:44.04 (33.05)	100m: 59.09 (31.09) 200m: 2:04.49 (33.12) 300m: 3:10.99 (33.52) 400m: 4:16.41 (32.37)				
18	 Greenwood...	19  Coast Swi...	0.65	4:17.71 Entry: 4:17.96 -0.25	QC	
	50m: 28.25 150m: 1:32.05 (32.19) 250m: 2:38.94 (33.59) 350m: 3:45.36 (33.46)	100m: 59.86 (31.61) 200m: 2:05.35 (33.30) 300m: 3:11.90 (32.96) 400m: 4:17.71 (32.35)				
19	 Ulrich Neo	17  St Paul's S...	0.73	4:19.11 Entry: 4:15.14 +3.97	QB	
	50m: 28.06 150m: 1:30.92 (31.97) 250m: 2:36.06 (32.87) 350m: 3:44.58 (34.51)	100m: 58.95 (30.89) 200m: 2:03.19 (32.27) 300m: 3:10.07 (34.01) 400m: 4:19.11 (34.53)				
20	 Sandford Al...	15  Coast Swi...	0.69	4:19.99 Entry: 4:12.96 +7.03	QC	
	50m: 28.00 150m: 1:32.07 (32.66) 250m: 2:38.97 (33.80) 350m: 3:47.17 (34.11)	100m: 59.41 (31.41) 200m: 2:05.17 (33.10) 300m: 3:13.06 (34.09) 400m: 4:19.99 (32.82)				
21	 Barton Jack	17  North Shore...	0.71	4:20.92 Entry: 4:17.08 +3.84	QB	
	50m: 28.49 150m: 1:33.25 (33.37) 250m: 2:40.64 (33.42) 350m: 3:48.19 (33.01)	100m: 59.88 (31.39) 200m: 2:07.22 (33.97) 300m: 3:15.18 (34.54) 400m: 4:20.92 (32.73)				
22	 Lupia (V) G...	18  Phoenix Aq...	0.72	4:21.74 Entry: 4:22.48 -0.74	QB	
	50m: 29.73 150m: 1:35.37 (33.15) 250m: 2:42.38 (33.32) 350m: 3:49.16 (33.06)	100m: 1:02.22 (32.49) 200m: 2:09.06 (33.69) 300m: 3:16.10 (33.72) 400m: 4:21.74 (32.58)				
23	 Rowe Sam	16  Ice Breaker...	0.69	4:21.78 Entry: 4:19.03 +2.75	QC	
	50m: 28.76 150m: 1:32.96 (32.46) 250m: 2:39.96 (33.75) 350m: 3:48.24 (34.26)	100m: 1:00.50 (31.74) 200m: 2:06.21 (33.25) 300m: 3:13.98 (34.02) 400m: 4:21.78 (33.54)				
24	 Holmberg ...	18  Liz van Wel...	0.73	4:23.58 Entry: 4:21.78 +1.80	QB	
	50m: 29.28 150m: 1:34.87 (33.29) 250m: 2:42.30 (33.69) 350m: 3:50.13 (33.60)	100m: 1:01.58 (32.30) 200m: 2:08.61 (33.74) 300m: 3:16.53 (34.23) 400m: 4:23.58 (33.45)				

25	 Asiata Sam...	16	 Howick Pak...	0.73	4:25.16 Entry: 4:19.48 +5.68
	50m: 29.76		100m: 1:02.42 (32.66)		
	150m: 1:35.76 (33.34)		200m: 2:09.54 (33.78)		
	250m: 2:43.15 (33.61)		300m: 3:17.77 (34.62)		
	350m: 3:52.71 (34.94)		400m: 4:25.16 (32.45)		
26	 Julian Miles	18	 Matamata ...	0.70	4:27.14 Entry: 4:18.73 +8.41
	50m: 29.30		100m: 1:01.33 (32.03)		
	150m: 1:34.57 (33.24)		200m: 2:08.42 (33.85)		
	250m: 2:42.43 (34.01)		300m: 3:17.18 (34.75)		
	350m: 3:52.42 (35.24)		400m: 4:27.14 (34.72)		
27	 Copocean ...	16	 St Paul's S...	0.72	4:29.01 Entry: 4:20.97 +8.04
	50m: 29.38		100m: 1:01.57 (32.19)		
	150m: 1:34.60 (33.03)		200m: 2:08.23 (33.63)		
	250m: 2:41.58 (33.35)		300m: 3:16.54 (34.96)		
	350m: 3:53.01 (36.47)		400m: 4:29.01 (36.00)		